

# North Sea



COMMON STARFISH  
© MARK THOMAS

Our Living Sea

Twelve Wildlife Trusts (from Northumberland to Suffolk) have embarked on a project to help restore our **'Living North Sea'**, but we need your help to do it.

Help your local marine wildlife by:

- Getting outside and exploring the marine environment
- Visiting a Wildlife Trust coastal Nature Reserve
- Sending us underwater photographs and stories of the sea
- Taking part in an event or through volunteering
- Helping us gather information and data through survey programmes
- Joining your local Wildlife Trust

For more information visit [www.northseawildlife.org.uk](http://www.northseawildlife.org.uk)

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CRYSTAL SEA SLUG  
© ROB SPRAY

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DEAD MENS FINGERS  
© TONY HOWELLS

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PUFFIN AND GUILLEMOT  
© ANTHONY HURD

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